**Assignment: Depression and Decision Making Scenario**

**Assignment (100 points):**

**Decision Making – When a Friend Seems Troubled**

**Scenario**

When Sue started exhibiting signs of depression, her friend Jane tried to persuade her to get help. Sue admitted that she was very unhappy. However, she told Jane, “I appreciate you trying to help me, but it’s okay; I’m handling my problems by myself."

Jane knows that Sue is a private person, but Sue has never seen her friend this “down” before. Jane wants to tell someone about her concerns, but she is hesitant about betraying a confidence.

* + What would you do?

Apply the six steps to decision-making model to Jane’s concerns. Write out your steps and decision.

* + 1. State the situation.
		2. List the options.
		3. Weigh the possible outcomes.
		4. Consider values.
		5. Make a decision and act.

Evaluate the decision.